



Silent Directed Retreat Itinerary

Day 1

6p Dinner Available at St. Joseph Formation Center
(No bus ride up)

7:30 Welcome, Silence Begins, NP

Day 2 (If a 4 day this is for Days 2&3)

7-8:00 Breakfast Available

8:00 MP (Adoration MP-EP)

8:30 _____

9:15 _____

10:00 _____

11:00 Holy Mass

12:00 Lunch

1:00 Lectio

2:00 _____

2:45 _____

3:30 _____

4:15 _____

5:30 EP

6:00 Dinner

7:30 Holy Hour all together (confessions available) 8:30 Night Prayer and Benediction

Day 3 (Day 4 for a 4 day silent retreat)

Breakfast available 1/2 hr before and after holy hour 7:30 Holy Hour with MP

9:00 _____

9:30 _____

10:00 _____

10:30 _____

11:00 Holy Mass

12:00 Lunch

12:45 _____

1:15 _____

1:45 _____

2:15 _____

3:00 Adoration Concludes

Sharing of Graces, Depart